

GATESHEAD METROPOLITAN BOROUGH COUNCIL
CARE, HEALTH AND WELLBEING OVERVIEW AND SCRUTINY COMMITTEE
MEETING

Tuesday, 10 December 2019

PRESENT: Councillor S Green (Chair)

Councillor(s): M Charlton, W Dick, K Ferdinand, B Goldsworthy, M Goldsworthy, M Hood, R Mullen, I Patterson, J Wallace, A Wheeler, P McNally, J Gibson, Diston and H Haran

APOLOGIES: Councillor(s): M Hall, J Lee and K McClurey

CHW158 MINUTES OF LAST MEETING

The Committee agreed the minutes of the last meeting, held on 29 October 2019 as a correct record.

CHW159 SUICIDE: EVERY LIFE MATTERS - EVIDENCE GATHERING REPORT

The Committee received a report and two presentations from Gail Kay, Project Director/Mental Health Programme Lead, NE & N Cumbria ICS and Iain Miller, Public Health on the range of work that is being undertaken in relation to Suicide Prevention in Gateshead at:

- Regional level, through the Integrated Care System (ICS) Every Life Matters sub group, part of the Mental Health sub group of the prevention workstream
- Sub Regionally at the Integrated Care Partnership (ICP) level, with the Northumberland and Tyne & Wear Suicide Prevention Steering Group work, developed with NHS England modernisation funding during 2019.
- Locally through the work of Gateshead Mental Health and Wellbeing Partnership

Action on Suicide Prevention at three levels

ICS Level Intervention

The Committee were advised that organisations across the North East and the North Cumbria (NENC) are working in partnership to coordinate improvements, where necessary, across traditional boundaries. Developing and integrating care across boundaries involves NHS organisations working with Councils and the voluntary or charity sector and engaging with the people using services, “people with lived experience”.

An ICS is not a specific organisation but rather a way of leading and planning care

for a defined population in a coordinated way across a range of organisations.

A Mental Health ICS Programme was established with seven priority workstreams, one of those being Suicide Prevention. The mental health work stream does not have a surveillance or performance monitoring role and does not have a statutory authority, this remains with provider organisations and commissioners.

The North East and North Cumbria ICS “Every Life Matters” Suicide Prevention Steering Group oversees the Suicide Prevention work and has Senior Leaders from health across the Region overseeing the programme of work, with a project lead coordinating the implementation of Every Life Matters delivery plan.

The Committee were advised that this work is fully linked in to national activity, including national workshops led by the Royal College of Psychiatrists and a visit from the national enquiry team. The focus of the work is to:

- Ensuring that best practice and learning is shared across agencies
- Duplication is lessened
- Resources are shared to improve efficiency and effectiveness
- Impact is monitored

The “Every Life Matters” Suicide Prevention delivery plan is divided into five key areas of activity:

- Leadership
- Prevention
- Intervention
- Postvention
- Intelligence

Expected outcomes:

- To reduce the number of suicides, including high risk groups, and by a minimum of 10% by 2021 in all areas across the ICS
- To reduce the incidence of self-harm and repeated self-harm
- To reduce the impact and suicide
- To reduce the stigma of self-harm and suicide

National funding has been allocated to support the implementation process with Northumberland and Tyne and Wear, led by Gateshead and Newcastle Public Mental Health leads, successful with Wave 2 funding.

Northumberland and Tyne and Wear Level

The Committee were advised that funding (identified above) has led to a full programme of work at Northumberland, Tyne and Wear level which benefits Gateshead residents as identified below.

Northumberland and Tyne and Wear, led by Gateshead and Newcastle Councils, have been successful in securing wave 2 NHS England Modernisation Funding for the value of £450K to take forward a prevention programme across the sub regional (Integrated Care Partnership (ICP) level. A North ICP Suicide Prevention Steering

group has been established and an Action Plan is in place to take forward workstreams. Wave 3 funding will be available from April 2020.

A Suicide Coordinator has been recruited, starting in post with Northumbria Police on 7 October 2019. The post will oversee the delivery of the Transformation Funding Action Plan and identify other area for development around Suicide Prevention at the ICP geography.

A Data Analyst was recruited on 8 November 2019 by Newcastle City Council. The post will be managed by the Suicide Prevention Coordinator on a day to day basis and will enable Suicide data to be analysed across the Northumberland and Tyne and Wear Geography covered by Northumbria Police and NTW Mental Health Acute NHS Trust.

Discussions have been held around the process for an Early Alert system so that data on cases can be gathered at the point of the incident, rather than waiting over a year until an audit of the Coroners files produces an overview of the profile. The model being adopted is very similar to the Drug Related Deaths (DRD) process already in place in Gateshead.

Postvention support offer will be a Police led process through the completion of the CID27 form and then establishing the needs of the families and friends at the point of the First Response. Training will be facilitated by the Suicide Prevention Coordinator who will work with If U Can Share and the Police to establish training programme for First Responders.

South Tyneside Public Health Team has led the development work for the tendering for leads for the delivery of a Training Hub and Level 1, 2 & 3 programmes on Suicide Prevention across Northumberland and Tyne & Wear. The Tender document has been completed and is currently out to tender. We aim to have programmes of training being delivered by January 2020.

Newcastle United and Sunderland Football Foundations are being commissioned for the development of a joint programme and campaign targeting Men on work around Suicide Prevention through a 'Be a Game Changer' campaign. This will be branded with both Football Foundations team colours.

The Suicide Prevention Coordinator is leading on the process of delivery of small grants funding in partnership with North Cumbria NHS Acute Trust, the lead organisation for the ICS Suicide Prevention programme which this work sits under.

Work around Self-Harm is progressing after initial ideas tabled at a Steering Group, around a Safety Planning Train the Trainer proposal, were deemed to be inappropriate and that the funding should be used to add value.

Gateshead Level Interventions

The Committee were advised that the focus of Gateshead's local Suicide Prevention work is through the Gateshead Mental Health and Wellbeing Partnership. This partnership is led by Cabinet member, Cllr Mary Foy.

At a Population level there is a focus on encouraging organisational sign up to Time to Change, the anti-stigma campaign, and focussed work into local communities with The Five Ways to Wellbeing. There is support of World Mental Health Day each October with a strong presence from Statutory and Voluntary Community Sector organisations supporting people with Mental Health related issues and the partnership use of Public Health England's (PHE's) Every Mind Matters campaign for a consistent partnership level focus.

The Partnership has developed a local Suicide Prevention Action Plan which forms part of the Gateshead Public Mental Health strategy. This includes a focus on development of Community based suicide prevention interventions on Males 40 - 55 years.

Gateshead Council has signed the Time to Change pledge and has made a commitment to change how we think and act about mental health in the workplace. An action plan is in place with all actions developed to tackle stigma and improve people's mental health and wellbeing.

The Council holds the Continuing Excellence level of the Regional Better Health at Work Award which, among the key criteria for award holders, focuses on improving the mental health of the workforce.

The Committee were advised of the positive impact that Partnership working at a range of levels has in the delivery of preventative work into Gateshead.

The Committee were advised of the downward trend, outlined in the Evidence Gathering Paper 2 tabled with Gateshead Care Health and Wellbeing OSC on 29 October 2019, identified in recent PHE Fingertips data.

The Committee were reminded that the last evidence gathering sessions on 28 January 2020 will hear from representatives from the Criminal Justice system and Voluntary Community Sector (VCS), identifying high risk groups and what can be done to minimise risk.

- RESOLVED -
- i) That the information be noted
 - ii) That a further update on the Criminal Justice system and Voluntary Community Sector (VCS) be brought to the next meeting of the Committee on 28 January 2020.

CHW160 HEALTH AND WELLBEING STRATEGY DEVELOPMENT

The Committee received a report and presentation which provided an update on progress in developing a new Health and Wellbeing Strategy for Gateshead.

The focus of the new strategy is based upon the aims from the Marmot work "Fair Society, Healthy Lives" focusing on health inequalities. This builds on the issues

identified from the 2017 DPH annual report – “Inequalities: it never rains but it pours”.

A presentation was provided for members of the OSC which updated the draft Health and Wellbeing Strategy – “A job, a home, good health and friends”.

RESOLVED - That the information be noted

CHW161 MAKING GATESHEAD A PLACE WHERE EVERYONE THRIVES - SIX MONTH ASSESSMENT OF PERFORMANCE AND DELIVERY 2019/20

The OSC received the six-month update of performance and delivery for the period 1 April 2019 to 30 September 2019 in relation to the Council’s Thrive agenda for the indicators and activity linked to care, health and wellbeing delivered and overseen by Adult Social Care and Public Health services within the Care, Wellbeing and Learning Group.

The Committee were advised that the Thrive approach aims to narrow the gap of inequality across Gateshead resulting in more people living healthier and happier lives.

As part of the Council’s performance management framework, five-year targets were replaced with a single 2020 target with strategic indicators identified as either target or tracker indicators. These targets were approved by Cabinet on 12 July 2016.

The 20 strategic indicators for Adult Social Care and Public Health currently fall under three pledges of “Tackle inequality so peoples have a fair chance”, “Work together and fight for a better future for Gateshead” and “Supporting Communities”

The OSC were advised of two areas where further information may be sought:-

Alcohol Misuse

The Committee were advised that the rate of hospital admissions for alcohol related harm has increased. Gateshead has a significantly higher rate than national and regional averages, is at its second highest recorded rate and has the third highest rate in England.

The OSC felt that this is an area of particular concern as Gateshead is significantly higher than both the NE (862 per 100,000) and the England average (632 per 100,000). It is also considered unlikely at this stage that, unless there are some significant reductions, Gateshead will reach its 5-year target.

The Committee were advised that Gateshead has the 2nd highest rate for this indicator in the North East, the highest of its 16 comparable CIPFA LA’s, and is the 3rd highest of the 152 English UTLA’s.

Excess Weight

The OSC has already requested a progress update on this issue – focusing particularly on work in GP practices and schools – and this has been slotted into the

work programme for March 2020.

Target SC1

Gateshead is now significantly higher than the England rate of 22.6% for the first time since 2013/14 and we are higher but not significantly higher than the North East rate (24.3%) for the first time since 2013/14.

This is Gateshead's highest prevalence of excess weight at 4-5 year olds since 2009/10 and our joint 2nd highest in the published 12 years of data.

The increase for 2018/19 is the highest % point and the highest overall percentage increase since 2013/14. When compared to the national picture Gateshead has the 23rd highest level of excess weight amongst reception age children out of the 150 English LA's with a recorded level.

Target SC2

Gateshead is higher but not significantly higher than the North Easy rate of 37.5% and is still considered significantly higher than the England rate of 34.4%

As a result of this latest increase Gateshead has now seen its Excess weight levels decrease by only 1.3% since 2007/08 (38.3%) this is despite an almost continual decrease in the levels up to 2014/15

When looking at the national picture Gateshead has the 42nd highest level of excess weight amongst year 6 children out of the 150 English LA's with a recorded level

Lindsay Murray provided an update to OSC on her new role in reshaping the Council's performance monitoring arrangements and how performance is reported – in particular, ensuring that what it monitors is more loosely aligned to its priorities arising from the Thrive agenda.

- RESOLVED -
- i) That the information be noted
 - ii) The OSC agreed that the activities undertaken during April – September 2019 helping to support delivering the Thrive agenda
 - iii) The OSC noted that Cabinet will consider a composite performance report at the meeting on 21 January 2020.

CHW162 PROPOSAL TO MERGE 108 RAWLING ROAD WITH OXFORD TERRACE AND RAWLING ROAD MEDICAL GROUP

The OSC received a presentation and briefing note on the proposed merger of 108 Rawling Road and Oxford Terrace.

Dr Mathu Krishnan, the longest serving GP in Gateshead has informed NHS Newcastle and Gateshead Clinical Commissioning Group that he wishes to retire on 31 December 2019. Dr Krishnan has made an application to the CCG to merge with Oxford Terrace and Rawling Road Medical group (OTRR-MG) on 1 January 2020.

Dr Krishnan will retire on 31 December 2019. The current premises at 108 Rawling Road will close on that date. Dr Krishnan's practice boundary currently covers the whole of Gateshead and beyond. Patients in future will be able to access services from 1 Oxford Terrace and 1 Rawling Road which is on the same street, a one minute walk from this site therefore travel for patients will be no practically different.

Oxford Terrace and Rawling Road Medical Group and Dr Krishnan's Surgery are applying for a full merger of the two named GP practices.

After many years of dedicated service to the community, Dr Krishnan has decided to retire. Dr Krishnan is very keen to ensure his patients continue to receive the excellent care that they have always had and he feels that a merger with Oxford Terrace and Rawling Road Medical will provide this.

The practices have worked closely together as part of Bensham Federation along with two other local practices over the last four years, so have good working relationships already and share some staff that work across both practices. Care navigators and recently Frailty Nurse have worked with Dr Krishnan's most complex patients providing multidisciplinary working and case management approach to complex needs of patients and their carers.

It is proposed that in future services would instead be offered from the two sites below:

- 1 Rawling Road, Bensham, Gateshead NE8 4QS (0.1 mile or 76 yards from the current site)
- 1 Oxford Terrace, Bensham, Gateshead NE8 1RQ (0.6 mile or 1056 yards from the current site)

Patients will be able to book an appointment to be seen at either surgery. Parking is available at both sites.

The existing practice boundaries will remain unchanged.

The OSC were advised that it is anticipated that the proposed merger will increase the range of services provided and benefits for patients which will include but not be limited to:

- Improved access with the choice of appointments at either site;
- Option to book appointments with female GP's if desired;
- A choice of 15 doctors with different interests. For example: dermatology, minor surgery, family planning, musculo-skeletal conditions, heart conditions, chest conditions like Asthma and COPD;
- Care provided by an expert multidisciplinary team;
- Community Nursing and Health Visiting services will remain the same; and;
- The surgery has extended opening hours including: opening until 7.30 pm on Monday, 7 am opening on Thursday and Saturday morning 9 am to 12.30 pm

The NHS Five Year Forward View sets out a vision for the future of the NHS, which encompasses the development and implementation of a local plan to address the

sustainability and quality of general practice. This merger will help to use resources to improve services for the benefit of all registered patients. As part of new developments, practices will be working together as Primary Care Networks to meet the needs of their local population. Although welcome to join OTRR-MG, patients who live outside the area, have been asked to consider changing to a GP closer to home to ensure their needs can be met effectively.

The proposed merger will essentially mean that the two practices transfer to a single NHS contract with one clinical system. There will be no change to frontline services. Staff have been engaged from the outset so that they can support the process and provide information and reassurance to the respective practice patients.

The practice has liaised with North of England Commissioning Support (NECS) and once the proposed merger takes place work will be ongoing to support the integration of the clinical and IT systems.

- RESOLVED -
- i) That the information be noted
 - ii) The thanks of the Committee on behalf of the people of Gateshead to Dr Krishnan, for his length of service and dedication to his patients
 - iii) The OSC agreed that the proposed merger should go ahead as outlined above

CHW163 WORK PROGRAMME

The Committee received the provisional work programme for the municipal year 2019-20.

It was noted that the work programme was endorsed at the meeting on 23 April 2019 and councillors agreed that further reports will be brought to future meetings to highlight current issues/identify any changes/additions to this programme.

Appendix 1 (appended to the main report) set out the work programme as it currently stood and highlighted proposed changes to the work programme.

- RESOLVED -
- i) That the information be noted
 - ii) That further reports on the work programme be brought to Committee to identify any additional policy issues which the Committee may be asked to consider

Chair.....